

FEMALE MEASUREMENT CHART

NAME: _____ COURSE: _____
PHONE: _____ EMAIL: _____



PLEASE USE MEASURING TAPE AS ILLUSTRATED ABOVE

NB! Check out this handy video for help with measuring!

<https://www.youtube.com/watch?v=aRBnTb7CiTE>

BUST MEASUREMENT (INCHES) =
MEASURE AROUND THE FULL BODY AT ITS WIDEST PART

WAIST MEASUREMENT (INCHES) =
MEASURE AROUND THE BODY AT WAISTBAND LEVEL

HIP MEASUREMENT (INCHES) =
MEASURE AROUND THE FULL BODY AT ITS WIDEST PART

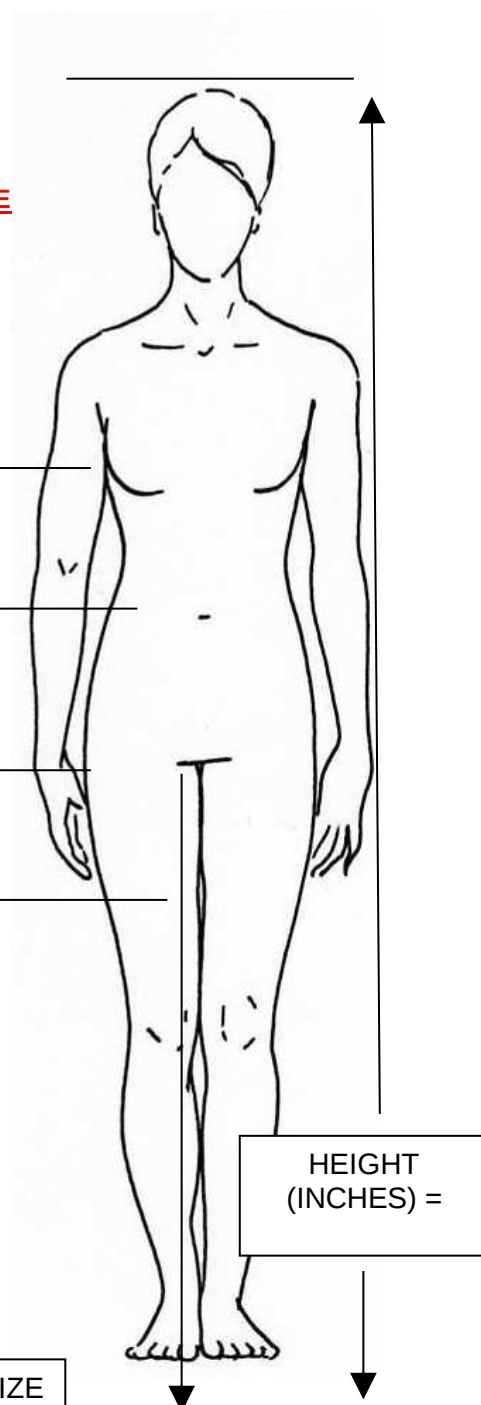
INSIDE LEG MEASUREMENT (INCHES) =
MEASURE INSIDE LEG TO THE FLOOR IN FLAT SHOES

IMPORTANT

Please ensure you measure with the measuring tape loosely around each area. This is vital in order to ensure you receive the correct size uniform

If you have any queries regarding what size you should order email orders@coppingers.com at your Earliest convenience and we will be happy to help!

SHOE SIZE
UK or EU :



HEIGHT (INCHES) =

Ladies Size Chart Sheet

CHEFWEAR

CHEF JACKET	6/8	10	12	14	16	18	20	22	24	26	28
<i>Chef Jacket Size</i>	34	36	38	40	42	44	46	48	50	52	54
<i>Chest in inches</i>	36 and under	38	40	42	44	46	48	50	54	56	58
<i>Hip in Inches</i>	36	38	40	42	44	46	48	50	54	56	58

CHEF TROUSER	6/8	10	12	14	16	18	20	22	24	26	28
<i>Chef Trouser Size</i>	XXS	XS	S	M	L	XL	2XL	2XL	3XL	3XL	4XL

Leg Lengths: S = 29"
Measured to floor R = 31"
L = 33"

Shoes
(Generous Fit)

36	37	38	39	40	41	42	43	44	45	46	47
3	4	5	6	4.5	7	8	9	10	10.5	11	12